



Mette Buchreitz

Knittingmette - a Dane in Italy

Web: [www.maestramette.it](http://www.maestramette.it)

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# Open the Heart



*This cute little heart is a real Valentine's! Fold it in half, embroider a message inside or pin a little letter or even a little gift inside! This pattern is created to be fold easily!*

**Skill level:** easy

**Finished measurements:** 6 cm x 7 cm / 2,36 in x 2,76 in

**Yarn:** Cervinia Caprice [100% acrylic; 50g / 1 OZ  $\frac{3}{4}$  / 133 m / 133 m]

**Other materials:** tapestry needle

scissors

**Needle size:** 3.5 mm – US 4

**Gauge:** 20 sts and 28 Rows = 9 cm / 3.54" in stocking stitch with needles 3.5 mm / US 4

**Stitches - knit:** **CO** (cast on), **BO** (bind off), **k** (knit), **p** (purl), **kfb** (knit into front and back of same st), **k2tog** knit two stitches together, **p1fb** (purl into front and back of same st)

**Nota bene:** 1. to make a neat edging: purl the first stitch on every row and then gently pull as much as possible

2. the number in ( ) tells the number of stitches on the needle

## Heart



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CO2

Row 1: p1, kfb (3)

Row 2: p1, k across

Row 3: p1fb, k1, kfb (5)

Row 4: p1, k across

Row 5: p1, kfb, k1, kfb, k1 (7)

Row 6: p1, k across

Row 7: p1, k1, kfb, k1, kfb, k2 (9)

Row 8: p1, k across

Row 9: p1, k2, kfb, k1, kfb, k3 (11)

Row 10: p1, k across

Row 11: p1, k3, kfb, k1, kfb, k4 (13)

Rows 12-14: p1, k across

Row 15: p1, k5, BO1, k5 (6+6)

There are now two groups of 6 sts each. Work each group separately leaving the second group on the needle!

Group 1

Rows 1-3: p1, k across (6)

Row 4 - centre of the heart: p2tog, k across (5)

Row 5: p1, k across

Row 6: p2tog, k across (4)

Row 7: p2tog, BO

Cut the yarn and make the second part beginning in the centre of the heart:

Rows 1-3: p1, k across (6)

Row 4 - centre of the heart: p1, k3, k2tog (5)

Row 5: p1, k across

Row 6: p1, k2 k2tog (4)

Row 7: BO but k2tog the last 2 stitches



## Finishing

Weave in ends.

Embroider inside "XO", add two pieces of yarn on the border (see picture) and make a ribbon!



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**Date of start:** \_\_\_\_\_

**Date of end:** \_\_\_\_\_

**My personal notes:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_